

Date: _____

New Patient Intake Form

Name:		Birthdate: / /		Marital Status:	
		Age:			
Address:		<input type="checkbox"/> M	<input type="checkbox"/> F	Ht. _____	Wt. _____
Home Phone:		Work Phone:		Occupation:	
Emergency Contact - Name and Phone:					
Allergies (medication, food, etc.)					
Referred by/How did you hear about us?:					
Reason for visit today?			Have you had acupuncture before? <input type="checkbox"/> Yes <input type="checkbox"/> No		
			Chinese herbal medicine? <input type="checkbox"/> Yes <input type="checkbox"/> No		
How long have you had this condition?					
Is it getting worse? Does it bother your: <input type="checkbox"/> Sleep <input type="checkbox"/> Work <input type="checkbox"/> Other What?					
What seemed to be the initial cause?					
What seems to make it better?					
What seems to make it worse?					
Are you under the care of a physician now? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, for what?					
Who is your physician?			Phone:		
What treatments are you getting for this condition? (Physio-therapy, chiropractor, massage, yoga, aromotherapy, diet etc.)					
Current Medications:					

Family Medical History:

- Heart disease Diabetes Cancer High Blood Pressure
- Stroke Asthma Asthma Alcoholism

Your Past Medical History

- AIDS/HIV Diabetes Multiple sclerosis Thyroid
- Alcoholism Emphysema Mumps TB
- Allergies Epilepsy Pacemaker Typhoid fever
- Appendicitis Goiter Pneumonia Ulcers
- Asthma Heart Disease Seizures _____
- Cancer Hepatitis Stroke _____
- Chicken Pox High Blood Pressure _____ _____

List any hospitalizations you have had during the past 5 years: _____

Surgeries: (list) _____

Your Diet

- Appetite: Low Coffee Soft Drinks Sugar
 Normal Tea Salty Food Artificial Sweetener
 High Thirst for water: #glass/day _____

Average daily menu:

Morning _____ Snack _____

Snack _____ Evening _____

Noon _____ Snack _____

Vitamin/supplements taken in past 2 months: _____

Your Lifestyle

- Alcohol Marijuana Stress Tobacco Drugs Occupational Hazards
Regular Exercise: Type: _____ How Often _____

Name: _____

Date: _____

Sign: _____

Patient Consent to Treatment

The services provided in this clinic include: acupuncture; tuina [Acupressure]; infra-red heat treatment; cupping; based on Traditional Chinese Medicine.

Side effects may occur in a small percentage of patients and may include the following: some pain following treatment in the treated area, minor bruising or bleeding, blisters after cupping, minor infection, needle sickness (fainting).

If you have a severe bleeding disorder, have a pacemaker, or you are pregnant, please let the treating practitioner know prior to treatment.

By signing below, I agree to receive treatments according to the diagnosis of Ms. Amey H'ng.

Name: _____

Date: _____

Patient Signature: _____

Witness: _____

Date: _____

10 - WORST; 1 MINOR; 5 AVERAGE

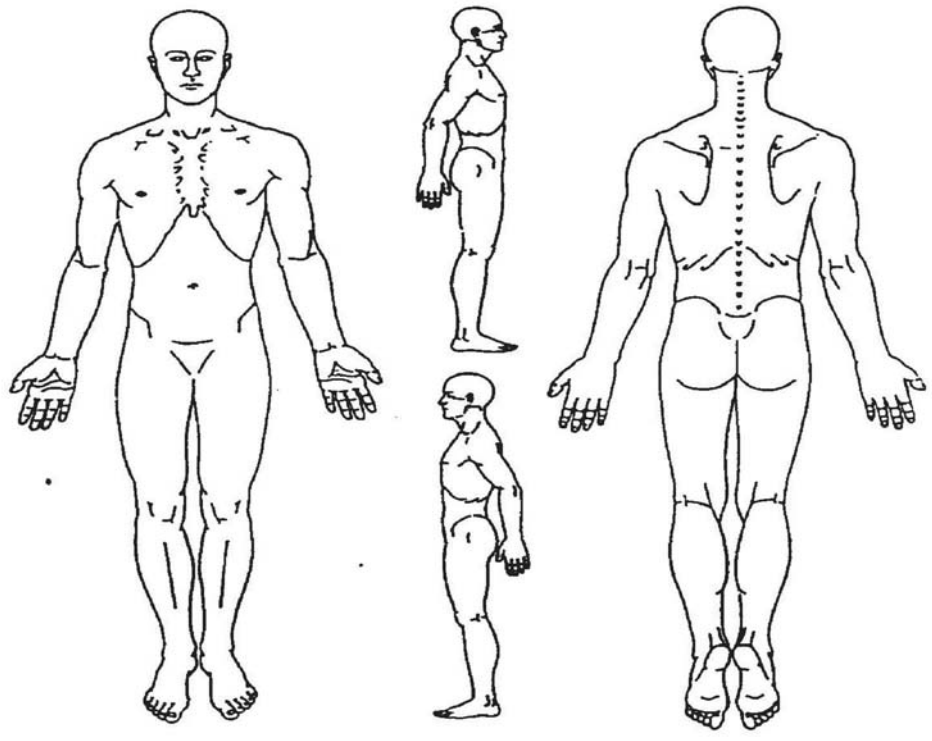
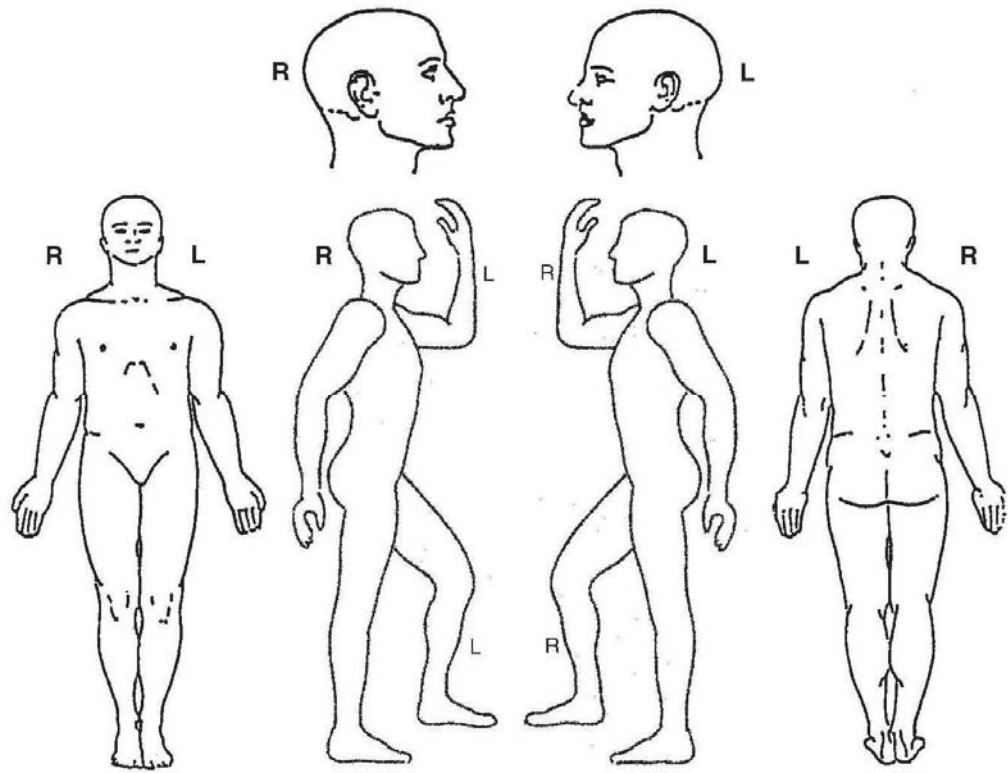
BLANK IF - NOT APPLICABLE

XIN	FEI	PI
PALPITATIONS	DRY COUGH	HEAVINESS IN THE HEAD / BODY
CHEST PAIN / TIGHTNESS	COUGH WITH PHLEGM	FATIGUE / AFTER EATING
INSOMNIA / SLEEP ROBLEMS	NASAL DISCHARGE / DRIP	DIFFICULT GETTING UP IN THE MORNING
RESTLESS / EASILY AGITATED	SINUS INFECTION / CONGESTION	WATER RETENTION
VIVID DREAM	ITCHY/PAINFUL THROAT	MUSCULAR TIRED / WEAK
LACK OF JOY IN LIFE	DRY MOUTH / THROAT / NOSE	BRUISE EASILY
FORGETFUL	SKIN RASHES / HIVES	UNUSUAL BLEEDING (STOOL, NOSE. ETC.)
AVERSION TO HEAT	SNORING	BAD BREATH
BITTER TASTE IN MOUTH	GRIEF / SADNESS	POOR APPETITE
TONGUE/MOUTH ULCERS/ CANKERS	SHORTNESS OF BREATH	INCREASED APPETITE
SWEAT / NIGHT / PALM & SOLE OF FEET	ALLERGIES / ASTHMA	CRAVE SWEETS
	WEAK IMMUNE SYSTEM	POOR DIGESTION
GAN	SHEN	
IRRITABILITY / FRUSTRATION / IMPATIENT	ALTERNATE FEVER / CHILLS	NAUSEA /VOMITING
DEPRESSION / STRESS	FREQUENT URINATION	BLOATING / GAS
EMOTIONAL EATING	BLADDER INFECTION	HEMORRHOIDS / BLEEDING / PAIN
UNFULFILLED DESIRES	LACK OF BLADDER CONTROL	CONSTIPATION
VISUAL PROBLEMS / FLOATERS	WAKE TO URINATE	LOOSE STOOL
BLURRED VISION / POOR NIGHT VISION	FEEL COLD EASILY	ALTERNATE CONSTIPATION / LOOSE
RED / DRY / ITCHY EYES	COLD HANDS / FEET	ABDOMINAL PAIN
HEADACHES/MIGRAINES	NIGHT SWEATS / HOT FLUSHING	INTESTINAL PAIN / CRAMPING
DIZZINESS	LOW SEX DRIVE	HEARTBURN
FEELING OF LUMP IN THROAT	HIGH SEX DRIVE	PENSIVENESS / OVER THINKING
MUSCLE TWITCHING / SPASM	LOSS OF HEAD HAIR	OVERWEIGHT
NECK / SHOULDER TENSION	HEARING PROBLEMS	FOGGY MIND
BRITTER NAILS	CRAVE SALTY FOOD	YEAST INFESTION
SIGHING	FEAR	AVERSION TO COLD
SENSATION OR PAIN UNDER RIB CAGE	POOR LONG TERM MEMORY	COLD NOSE
PMS	ANKLE SWELLING	INCREASED THIRST
GENITAL ITCHING/PAIN/LESIONS	TINNITUS (RING IN THE EAR)	PREFER WARM / COLD DRINKS

FILL UP OR CIRCLE BELOW

- 1 RE YOUR BOWEL MOVEMENTS REGULAR? HOW MANY TIMES ___ PER DAY / __ WEEK?
ARE THEY FORMED __, LOOSED __, CONSTIPATED __, DO THEY ALTERNATE FROM LOOSE TO DIFFICULT TO PASS __?
- 2 DO YOU EXPERIENCE URINARY FREQUENCY? URGENCY ___? BURNING? DRIBBLING? RETENTION ___?
WHAT COLOR/ SHADE OF YELLOW IS IT? DO YOU HAVE A HISTORY OF URINARY TRACK INFECTIONS?
- 3 HOW MUCH WATER YOU DRINK A DAY?
- 4 PLEASE DESCRIBE IN GENERAL WHAT YOU EAT, AND WHAT YOU CRAVE? (SWEET __, SOUR __, SPICY __, SALTY __)
- 5 DO YOU HAVE TROUBLE SLEEPING ___? ARE YOU A NIGHT SLEEPER ___?
WAKE AND HAVING DIFFICULTY FALLING BACK TO SLEEP ___?
- 6 IF YOU WERE TO DESCRIBE YOURSELF FROM AN EMOTIONAL STANDPOINT,
WHAT WOULD YOU SAY (I.E. IRRIBTABLE __, WORRIER __, ANXIOUS __, SAD __, IMPATIENT __, STRESSED __, ETC.)?

NOTES:



0 1 2 3 4 5 6 7 8 9 10
 No pain Highest pain